**Drug Use and Abuse**

**A family’s role in determining substance abuse**

* If a **parent uses**, the child is much more likely to use

Becomes accepted within the family

* Children who have **“absent parents**” are more likely to use due to lack of supervision
* Parents can pass an “**addiction gene**” to their child which makes their child more likely to become addicted if they try a substance

**A community’s role in determining substance use**

* Depending on your neighborhood, **access** to substances may be easy
* Substance abuse becomes a **norm** in many communities

**How pop culture determines substance use**

* Substance abuse is **glamorized**

**Drugs**

**Marijuana: Effects on the body**

Short Term Effects

* Loss of coordination
* Distortion of vision and hearing
* Redness of the eyes
* Increased appetite
* Increased heart rate
* Impaired school performance
* Lessened ability to solve problems

Long Term Effects

* Psychotic symptoms
* Lung damage
* Heart damage
* Weakened immune system

**Cocaine: Effects on the body**

Short term Effects

* Depression
* Increased heart rate
* Muscle spasms
* Convulsions
* Inability to sleep

Long term effects

* Paranoia
* Hallucinations
* Severe depression
* Suicide due to severe additions

**Heroin: The harmful effects of IV drug use:**

* Risk of HIV transmission and other blood borne diseases (Hep B & Hep C)

**Steroids: Effects on the body**

Short Term Effects

* High blood pressure
* Swelling of the soft tissue
* Excessive hair growth
* Oily skin/ acne

Long Term Effects

* Stunted growth
* Abnormal sexual development
* Infertility
* Increased risk of cancer, heart disease, and liver disease

**Prescription/ Over the Counter Drugs Effects on body**

Short Term Effects

* Nausea
* Dizziness
* Headaches
* Delusions
* Separation from family and friends
* Bleeding in the stomach

Long Term Effects

* Liver damage
* Brain damage
* Death by overdose